

Lecture 36

Continuing with time dependent PT

For sinusoidal driving field, have

$$P_{a \rightarrow b}(t) \approx \frac{|V_{ab}|^2}{\hbar^2} \frac{\sin^2 \frac{\Delta t}{2}}{\Delta^2} \quad \Delta = \omega - \omega_0$$

for any system, as long as $P_{max} \ll 1$

$$\text{or } P_{a \rightarrow b}(t) = \frac{|V_{ab}|^2}{\hbar^2 \Delta^2 + |V_{ab}|^2} \sin^2 \omega_r t \quad \text{for two-level system, } |V_{ab}|, |\Delta| \ll \hbar \omega_0$$

and

$$\omega_r = \frac{1}{2} \sqrt{\Delta^2 + \frac{|V_{ab}|^2}{\hbar^2}}$$

Today, consider specifically driving transitions in atoms with an EM field.

H^0 = atomic Hamiltonian (Hydrogen)

H' = energy of electron in EM field

Neglecting B-field for now, = energy in E-field

$$H' = -e\phi \quad \phi = \text{electric potential} \\ = -\int \vec{E} \cdot d\vec{r}$$

Say $\vec{E} = E_0 \hat{z} \cos(ky - \omega t)$: plane wave polarized along z , travelling along y
 $k = \frac{\omega}{c} = \frac{2\pi}{\lambda}$

Then $\phi = -E_0 z \cos(ky - \omega t)$

$$H' = eE_0 z \cos(ky - \omega t)$$

We need $H'_{ba} = eE_0 \langle \psi_b | z \cos(ky - \omega t) | \psi_a \rangle$

Now, electron in atom is localized to $\sim a$
 $\approx 5 \times 10^{-11} \text{ m}$

$\cos ky$ varies over length $\frac{1}{k} \approx \lambda$
For visible light, $\lambda \approx 5 \times 10^{-7} \text{ m} \Rightarrow a$

So spatial variation of cosine is not significant
Approximate $y \rightarrow y_0 = \text{location of atom}$
for simplicity, take $y_0 = 0$

Then $H'_{ba} \rightarrow eE_0 \cos \omega t \langle \psi_b | z | \psi_a \rangle$

Define $p_0 = \langle \psi_b | (-e z) | \psi_a \rangle$
= matrix element of dipole moment

"dipole approximation"

$$\vec{p} = q \vec{r}$$

$H'_{ba} = -p_0 E_0 \cos \omega t$ like before, $U_{ba} = -p_0 E_0$

So we get

$$P_{\text{avg}} = \left| \frac{p_0 E_0}{\hbar} \right|^2 \frac{\sin^2 \Delta t / 2}{\Delta^2} \quad \text{in perturbative limit.}$$

That is very handy if you are driving transition using a laser.

However, very often you don't have a laser, you have light from a lamp (or the sun, or a flame, etc.)

Then we don't have one well defined ω , we have a whole range

Call such illumination incoherent

Hard to write down E , instead use energy density:

For monochromatic light, $u = \frac{\epsilon_0}{2} E_0^2$

$u d^3r =$
energy in
volume d^3r

See $P_{\text{avg}} = \frac{2u}{\epsilon_0 t^2} |y|^2 \frac{\sin^2 \Delta t/2}{\Delta^2}$

For incoherent light,

$$u \rightarrow \int p(\omega) d\omega$$

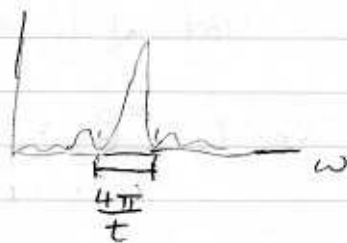
$p(\omega) =$ spectral energy density

$p(\omega) d\omega d^3r =$ energy in volume d^3r
with freq between ω & $\omega + d\omega$

Each increment $d\omega$ contributes to P , so

$$P_{\text{avg}} \rightarrow \frac{2}{\epsilon_0 t^2} |y|^2 \int p(\omega) \frac{\sin^2 \frac{(\omega - \omega_0)t}{2}}{(\omega - \omega_0)^2} d\omega$$

Now $\frac{\sin^2 \frac{(\omega - \omega_0)t}{2}}{(\omega - \omega_0)^2}$ is sharply peaked at $\omega = \omega_0$
if $\omega t \gg 1$



So only values of p near ω_0 will be important
approximate p as constant:

$$P \approx \frac{2}{\epsilon_0 t^2} |y|^2 p(\omega_0) \int \frac{\sin^2 \frac{\Delta t}{2}}{\Delta^2} d\Delta$$

Change variables $v = \frac{\Delta t}{2}$ $dv = \frac{dt}{2}$

Then
$$P = \frac{2}{\epsilon_0 \hbar^2} |g|^2 \rho(\omega_0) \frac{t}{2} \int_{-\infty}^{\infty} \frac{\sin^2 v}{v^2} dv$$

Look up definite integral = π

So
$$P = \frac{\pi}{\epsilon_0 \hbar^2} |g|^2 \rho(\omega_0) t$$

Grows linearly in time

Note, in monochromatic formula with $\Delta=0$,
 P grows quadratically in time

Here linear, because for longer times a narrower
range of ω contributes

Typically define transition rate

$$R = \frac{dP}{dt} = \frac{\pi}{\epsilon_0 \hbar^2} |g|^2 \rho(\omega_0)$$

Polarization effects:

We've assumed light is polarized along z .
Natural light typically unpolarized.

Really
$$R_z = \frac{\pi}{\epsilon_0 \hbar^2} |g_z|^2 \rho_z(\omega_0)$$

= transition rate for z
polarized light

g_z = z comp of dipole moment

ρ_z = density of z polarized light

Get some form for y & z polarizations.

By symmetry, $|p_x|^2 = |p_y|^2 = |p_z|^2$ (atoms have no preferred direction)

often write $|\vec{p}|^2 = |p_x|^2 + |p_y|^2 + |p_z|^2 = 3|p_x|^2$

Then

$$R_i = \frac{\pi}{3\epsilon_0 \hbar^2} |\vec{p}|^2 \rho_i(\omega_0) \quad (i^{\text{th}} \text{ component})$$

$$\text{Total rate } R = \sum R_i = \frac{\pi}{3\epsilon_0 \hbar^2} |\vec{p}|^2 \sum \rho_i(\omega_0)$$

$$\boxed{R = \frac{\pi}{3\epsilon_0 \hbar^2} |\vec{p}|^2 \rho(\omega_0)}$$

for $\rho = \sum \rho_i =$ total energy density

(Griffith's makes this much more complicated than it is.)

For an example of calculating \vec{p} , consider Problem 9.1

Calculate $\langle i | e z | j \rangle$ between ground state $n=1$ & excited states $n=2$

Ignore spin:

H' doesn't couple to spin-directly

Spin-orbit coupling would actually change what excited states are, but averages out to some overall effect.

So ground state = $1s$
 excited states $2s, 2p$ with $m=0, \pm 1$

$\langle 200 | z | 100 \rangle = 0$, since $\psi_{1s} + \psi_{2s}$ are even in z

$$\langle 211 | z | 100 \rangle = \int R_{21}(r)^* Y_{11}^*(\theta, \phi) z R_{10}(r) Y_{00}(\theta, \phi) d^3r$$

But $z = r \cos \theta$, no ϕ dependence

$$Y_{00} = \frac{1}{\sqrt{4\pi}}, \quad "$$

$$Y_{11} \propto e^{i\phi}$$

$$\text{So } \phi \text{ integral} = \int_0^{2\pi} e^{-i\phi} d\phi = 0$$

Similarly $\langle 21-1 | z | 100 \rangle = 0$

Then

$$\langle 210 | z | 100 \rangle = \int R_{21}(r)^* Y_{10}^*(\theta, \phi) z R_{10}(r) Y_{00}(\theta, \phi) d^3r$$

$$R_{10}(r) = \frac{2}{a^{3/2}} e^{-r/a}$$

$$z = r \cos \theta \quad R_{21}(r) = \frac{1}{\sqrt{24}} \frac{1}{a^{3/2}} \frac{r}{a} e^{-r/2a}$$

$$Y_{00} = \frac{1}{\sqrt{4\pi}}$$

$$Y_{10} = \sqrt{\frac{3}{4\pi}} \cos \theta$$

Nice to break into radial part and angular part

$$\text{Angular part: } \frac{\sqrt{3}}{4\pi} \int_0^\pi \cos^3 \theta \sin \theta d\theta \int_0^{2\pi} d\phi$$

$$= \frac{\sqrt{3}}{2} \left[-\frac{\cos^3 \theta}{3} \right]_0^\pi$$

$$= \frac{\sqrt{3}}{2} \times \frac{2}{3} = \frac{1}{\sqrt{3}}$$

Radial part

$$\begin{aligned}
 & \frac{1}{\sqrt{6}} \frac{1}{a^3} \int_0^{\infty} \left(\frac{r}{a} e^{-r/2a} \right) \left(e^{-r/a} \right) (r) r^2 dr \\
 &= \frac{1}{\sqrt{6}} \frac{1}{a^4} \int_0^{\infty} r^4 e^{-\frac{3}{2} \frac{r}{a}} dr \\
 &= \frac{1}{\sqrt{6}} \frac{1}{a^4} 4! \left(\frac{2a}{3} \right)^5 \\
 &= 4 \cdot \sqrt{6} a \left(\frac{2}{3} \right)^5
 \end{aligned}$$

$$\begin{aligned}
 \text{So } \langle 210 | z | 100 \rangle &= 4 \cdot \sqrt{2} \left(\frac{2}{3} \right)^5 a \\
 &= \frac{2^{15/2}}{3^5} a = 0.745a
 \end{aligned}$$